



Colonial Beach
BAPTIST CHURCH
A Lighthouse for God

A Thought for Today About being natural

by
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**“Do not let your peace depend on the hearts of men;
whatever they say about you, good or bad, you are not because of it another man – for as you
are, you are.”
- Thomas a ‘Kempis**

Praise has a way of unrealistically inflating our opinion of ourselves – it’s best to avoid dwelling too long on compliments.

Rejection has a way of insidiously eating away at our feeling of self-worth – it’s best to spend little thought on criticism.

Advice given me by a childhood piano teacher has encouraged me often – *Don’t B sharp, don’t B flat, just B natural.*

After all, what do our critics know about us? Only our Heavenly Father understands...and He stands under us.

The more we identify with Christ, the freer we are from the pressures of other people’s assessments of us.

Flattery’s not good for us, any more than slander...if we will just be our self and be God’s, we can relax

***“Whatever you do, work heartily, as for the Lord and not for men,
knowing that from the Lord you will receive the inheritance as your reward.
You are serving the Lord Christ.”
(Colossians 3:23-24 ESV)***



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